

# **SOUTHDOWN PRIMARY SCHOOL NEWSLETTER FEBRUARY 2026**



Children's Mental Health week is always in February and although wellbeing is something that we take seriously and obviously focus on every day this special week is always good opportunity to focus on our 5 Ways to Wellbeing – connect, be active, take notice, keep learning and give. The children were very busy completing lots of different activities throughout the week. The one I always love the most is 'Give' as we help the children understand that to give isn't about money or gifts it can be about doing something nice for someone, giving time or a compliment. Giving can make us all feel happy and valued.

## **IN OTHER SCHOOL NEWS...**

- Thank you to our School Council to shared a lovely assembly with all of the children. It was good to have an update of their roles, how they help Southdown improve and their new focus on Children's Rights. Supported through the Children's Commissioner for Wales the School Council will be leading on the 'Monthly Matters' where the whole school will discuss topical issues that are important to our children.
- Year 5 had a wonderful trip to Conwy Castle and I think the fish and chips where a particular highlight! Thank you also to Bistre Church for allowing Year 5 to visit the church as part of their RVE topic -Places of Worship.
- Reception class have enjoyed their visits to Buckley Library.
- PC Lee visited Year 6 to talk to them about Anti-social behaviour and then the focus for Year 5 was Cyberbullying.
- Thank you to everyone for your support in raising a massive £427.45 towards Rupert's Rainbow.
- Year 5 and 6 enjoyed watching the Elfed's production of Bugsy Malone - lovely as always to see the budding talent of the High School children especially those that are ex-pupils.
- Thank you to Friends of Southdown and to all the staff for arranging the school disco this week. Lots of fun was had by all!
- Safer Internet Day was celebrated across the school and thank you to Miss Say and the Digital Wizards for a wonderful assembly. There is still time for the children to complete the 'Unplugged' competition -I wonder which class will win this year?

Safer Internet Day has also allowed us to think about how we use our devices safely. Please can we encourage you to monitor your child's use of both online gaming, social media and mobile phones. We'd also advise that mobile phones are not kept in bedrooms over night as many of our children are telling us that they are using them and/or gaming late into night, early hours. As you can imagine this is having an impact on their wellbeing, their readiness to learn and also their friendships. To help you with this hopefully in March the Digital Wizards will be providing you with monthly Digital Newsletters.

**WORLD BOOK DAY** We will not be dressing for World Book Day (Thursday 5<sup>th</sup> March) this year but we will still be marking the day with lots of different activities across the school.

**EISTEDDFOD** We will be holding our annual school Eisteddfod, next week Friday 6<sup>th</sup> March and the children are allowed to come to school in any of the following that day:

- Traditional Welsh Costume
- Welsh Flag colours -red, green and/or white
- Welsh Rugby shirt/kit (No other rugby shirts will be permitted)
- Welsh Football shirt/kit (No other football shirts will be permitted)
- School uniform if your child does not want to 'dress up'

The Eisteddfod will be carried out in the school hall with all classes presenting in the morning. There will be lots of welsh activities during the afternoon so it will be a fantastic day for everyone and we are looking forward to it.

**RED NOSE DAY** We will not be dressing up for or collecting for Comic Relief this year either. We are still hoping to sell Red Noses during the week which can then be worn on the day. When we have more information, we will let you know.

## **DATES FOR MARCH**

- **Thursday 5<sup>th</sup> March:** World Book Day
- **Friday 6<sup>th</sup> March:** Eisteddfod
- **Thursday 12<sup>th</sup> March** Year 5 Science and Numeracy at Elfed
- **Friday 13<sup>th</sup> March:** Red Nose Day
- **Mon 16<sup>th</sup> – Tue 17<sup>th</sup> March:** Parents Evening 3.15-6pm
- **Thursday 19<sup>th</sup> March:** Non-Uniform Day for Easter Bingo
- **Friday 20<sup>th</sup> March:** School Closed: Staff Training Day
- **Mon 23<sup>rd</sup> – Wed 25<sup>th</sup> March:** Year 6 Cycling Proficiency
- **Tuesday 24<sup>th</sup> March** Year 4 Sports Festival at Elfed
- **Tuesday 24<sup>th</sup> March** Year 3 Sinfonia Concert at William Aston Hall
- **Wednesday 25<sup>th</sup> March:** Easter Bingo after School.
- **Friday 27<sup>th</sup> March:** Easter Serve at Bistre Church
- **Friday 27<sup>th</sup> March:** Finish for Easter
- **Monday 13<sup>th</sup> April:** School Opens